STEPS IN CAUTERY (SITE SPECIFIC)

1. EQUIPMENT

Nasal

decongestant/Local Anaesthetic spray

e.g. co-phenylcaine (blue spray)

Headlight

Thudicum

Silver Nitrate Cautery Sticks

Cotton Bud

2. PATIENT

Explain

Prepare

Proceed

e.g. Little's area most common

"I am going to find a bleeding point(s) and cauterise"

"Your throat may feel numb, don't panic"

3. CAUTERISE

Identify

Cauterise



4. RE-EXAMINE

Top

Down

Septum

Sidewall

STEPS IN NASAL PACK INSERTION (SITE SPECIFIC)

1. EQUIPMENT

Nasal

decongestant/Local Anaesthetic spray

Nasal pack e.g. RapidRhino

Sterile water or saline

Lubicrant (if Merocel)

2. PATIENT

Explain Prepare Proceed

"I am going to insert this nasal pack"

"Please keep still"

"It may feel unpleasant so I do apologise"

3. PACK

Along nasal floor e.g. in the direction of the ear



4. RE-ASSESS

Wait for 5 minutes and reassess whether bleeding is still present.

Check oropharynx

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ABC AND FIRST AID

Pinch nostrils for 20 minutes, head forward and down.

Ice pack to forehead, suck on ice cube if available

PATIENT FACTORS

PMHx: Hypertension, DM, bleeding diathesis, IHD, anticoagulation, antiplatelet



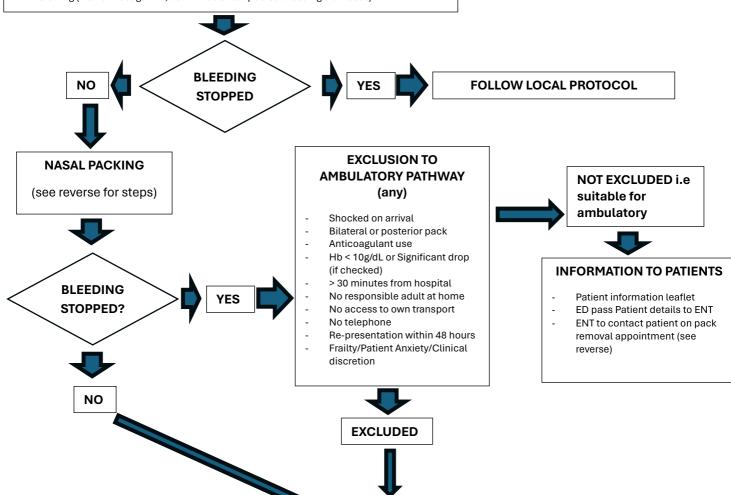
MANAGEMENT

Assessment:

- ABC, Nasal Decongestion, Nasal Examination with Headlight/Otoscope
- Cautery (see reverse)
- Rigid endoscopy by a suitably trained & experienced care practitioner (optional)

Investigations:

- Hb (if indicated)
- Clotting (if on anticoagulant, confirmed or suspected bleeding diatheses)



Follow local protocol