
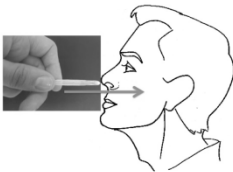


STEPS IN CAUTERY (SITE SPECIFIC)

1. EQUIPMENT <p>Nasal decongestant/Local Anaesthetic spray</p> <p>e.g. co-phenylcaine (blue spray)</p> <p>Headlight</p> <p>Thudicum</p> <p>Silver Nitrate Cautery Sticks</p> <p>Cotton Bud</p>	2. PATIENT <p>Explain</p> <p>Prepare</p> <p>Proceed</p> <p>e.g. Little's area most common</p> <p>"I am going to find a bleeding point(s) and cauterise"</p> <p>"Your throat may feel numb, don't panic"</p>	3. CAUTERISE <p>Identify</p> <p>Cauterise</p> 	4. RE-EXAMINE <p>Top</p> <p>Down</p> <p>Septum</p> <p>Sidewall</p>
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STEPS IN NASAL PACK INSERTION (SITE SPECIFIC)

1. EQUIPMENT <p>Nasal decongestant/Local Anaesthetic spray</p> <p>Nasal pack e.g. RapidRhino</p> <p>Sterile water or saline</p> <p>Lubricant (if Merocel)</p>	2. PATIENT <p>Explain</p> <p>Prepare</p> <p>Proceed</p> <p>"I am going to insert this nasal pack"</p> <p>"Please keep still"</p> <p>"It may feel unpleasant so I do apologise"</p>	3. PACK <p>Along nasal floor e.g. in the direction of the ear</p> 	4. RE-ASSESS <p>Wait for 5 minutes and re- assess whether bleeding is still present.</p> <p>Check oropharynx</p>
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